

# MASBO 2023 Conference & AGM

The Power of People and Science of Team

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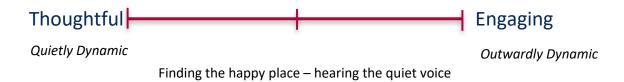
# Architect Builder

What has to be present to build team synergy?

CommunicationHow did your communication improve as the process moved forward?  Importance of two-way dialogue  Clear and precise  Building a common language
Difference between healthy and divisive competition
Taking responsibility / being engaged and committedWhat builds engagement?
Having a vision What is the benefit of knowing the big picture?
Having the right people in the right roles
Letting go of ego
Committing to a common goal
Taking a few minutes to debrief and strategize moving into the next build
Setting people up to be successful

### The Source:

Part of the journey is exploring your personal strengths and tendencies while gaining insight into strengths of your other team members. Valuing the diverse personalities of yourself and your team may heighten and expedite the success of your team.







# The Evolution of our Personality

#### **Our Inherent Character**

Our genetic nature

### **Natural Aptitude**

Our gifts – our own distinctive talents Our inherent capacity and capability

#### **Our Environment**

Our peer group
Our family / work /school environment
Our culture

### **Personal Choice**

Our own expectations of ourselves Our self-directed interests

# The Source – Family Reflection:

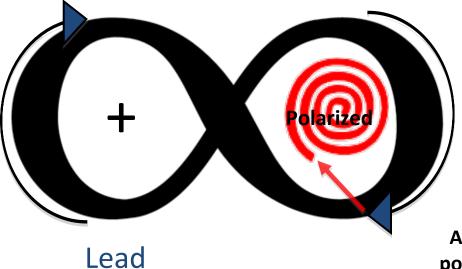
Reflect on your family and close friends, exploring your family strength 'culture'.

Circle the Strength as it applies to your family

Self	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
Spouse	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
1 <sup>st</sup> born	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
2 <sup>nd</sup> born	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
3 <sup>rd</sup> born	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
4 <sup>th</sup> born	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
5 <sup>th</sup> born	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
Siblings:			_			
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
Parents:						
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
Friends:						
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant
	Thoughtful	Engaging	Pragmatic	Explorative	Relational	Self Reliant

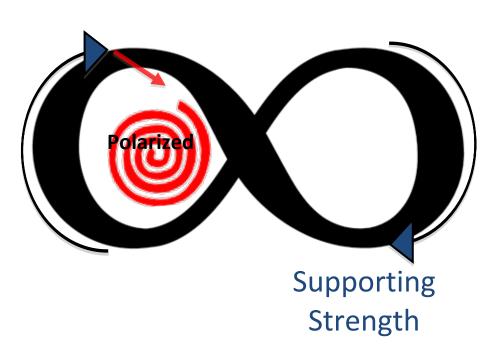
### **Polarization**

Every human being is creative at the core. The positive strengths (Thoughtful/Engaging; Pragmatic/Explorative; and Relational/Self-Reliant) in the personality core naturally feed each other in a continuous process of creation. Negatives can enter into this process when we polarize on strength in a pair. We get stuck on one 'polar' side and continue to emphasize that strength while blocking its polar opposite. This blockage sets up a process of psychological decay that becomes increasingly painful with passage of time. This process is referred to as *polarization*.

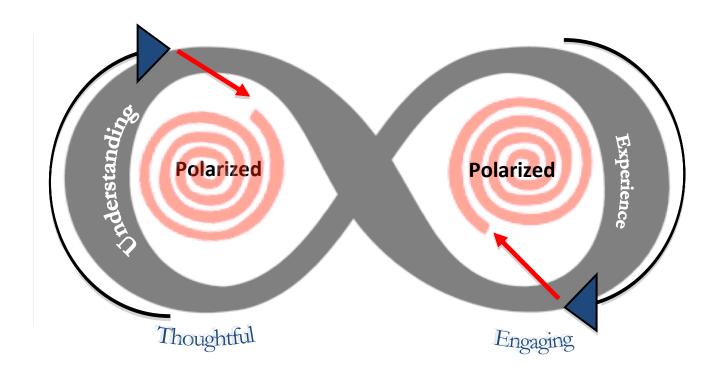


Strength

Although we tend to polarize on our natural lead strengths, we can polarize on our supporting strengths.



#### Polarization on a Thoughtful or Engaging Strength



#### Signs of Becoming a Polarized Thoughtful

- Continues to think when it's time to get into action
- Build-up of ideas and plans
- Stability and order become increasingly important
- Takes fewer and fewer risks
- Holds feelings inside
- Resists change
- Holds onto established ways
- Procrastinates
- Feels more and more depressed and anxious Becomes more and more "removed' and "out of it"

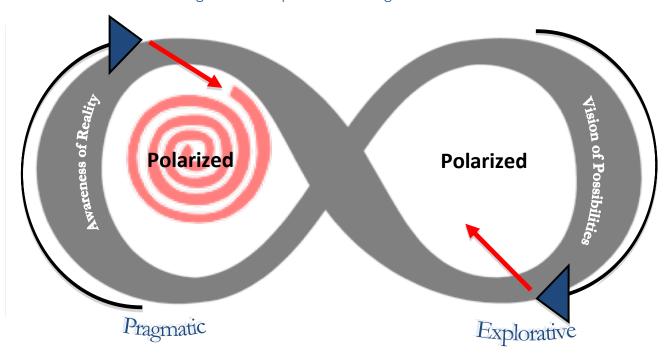
#### **Immobilized**

#### Signs of Becoming a Polarized Engaging

- Continues to engage in action when it's time to stop and think
- Build-up of activity and movement
- Action becomes increasingly important
- Thinks less and less
- Expresses feelings aggressively
- Resists thoughtful analysis
- Quick to change things
- Makes quick decisions
- Feels increasingly exposed and agitated
- Becomes more and more emotional

#### Out of control

#### Polarization on a Pragmatic or Explorative Strength



#### **Signs of Becoming a Polarized Pragmatic**

- Continues to think about the problem *when* it's time to look for solutions
- Build-up of facts
- Facts become increasingly important
- Sees all the rocks in the road
- Holds onto status quo
- New ideas are a threat
- Sees all the reasons why an idea will not work
- Uses facts as clubs to destroy ideas
- Pessimistic and gloomy
- Sour outlook
- Depression
- No hope

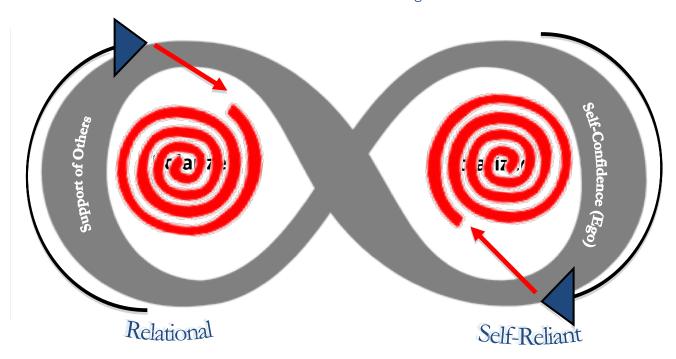
#### **Signs of Becoming a Polarized Explorative**

- Continues to imagine possibilities when it's time to look at the facts
- Build-up of ideas and possibilities
- Possibilities become increasingly important
- Sees the pot of gold at the end of the rainbow
- Eager to try something new
- Facts are a threat
- Sees all the reasons why an idea will work
- Disregards facts
- Unbridled optimism
- Imagination runs wild
- Flights of fantasy
- Loses contact with reality

Despair

Lives in a dream world

#### Polarization on a Relational or Self-Reliant Strength



#### **Signs of Becoming a Polarized Relational**

- Continues to depend on others when it's time to depend on self
- Build-up of support and approval of others
- Support and approval of others become increasingly important
- Fewer and fewer expressions of independence
- Says "yes" when should say "no"
- Becomes less and less responsible
- Loses self-confidence
- C Loses awareness of self
- Loses the respect of others

Finally, loses the support and approval of others, the very things that are most dear.

# Signs of Becoming a Polarized Self-Reliant

- Continues to depend on self when it's time to depend on others
- Build-up of ego and self-confidence
- Personal power and freedom become increasingly important
- Fewer and fewer expressions of dependence
- Talks when should be listening
- Assumes more and more responsibility
- Loses confidence in others
- Loses awareness of others
- Loses the support and approval of others

Finally, loses personal power and freedom, the very things that are most dear.